

Iwate Prefectural  
Citizens' Forest

Summer

Seasonal guide

※The taking of any plants is prohibited under the Forestry Act.

**Nanataki Falls**

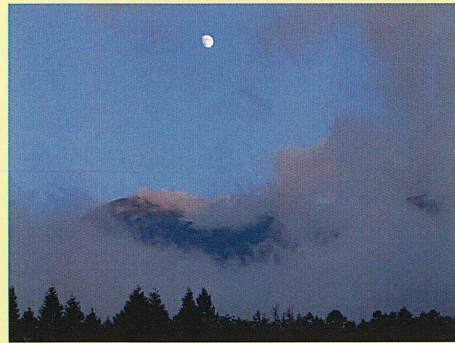
A two-tiered waterfall with a 30m drop on the Yakkiri stream which flows from Mt. Iwate.

The journey from the Forestry Museum is 3.6km with a change in elevation of about 250m. You can enjoy a walk in the relaxing forest while savoring the plentiful nature at the foot of Mt. Iwate.



**Corridor of birch trees [Everyone's Square]**

A refreshing row of trees with beautiful white bark. The tables and chairs in their shade are a relaxing place to spend some time.



**Misty Mt. Iwate [Everyone's Square]**

The Prefectural Citizens' Forest located at the foot of the mountain is often in fog in the mornings and evenings during this time, making for a magical scene! Around the beginning of July, the sight of the mountain fireflies' (*Hotaria parvula*) glittering dance can be seen all over.



**Row of hydrangeas [Commemorative Forest]**

The rows of hydrangeas that seem to continue forever are characteristic of summer. Everyone can enjoy them with a barrier free path continuing from the parking lot.

**Hydrangea friends**

The leaves that look like petals from the outside and are called 'ornamental flowers' remain as dried flowers until winter. The small real blooms are inside.



**Ezo hydrangea**  
(*Hydrangea macrophylla*)

Grows wild in the mountains of this area; beautiful, blue flowers.



**Tsuru hydrangea**  
(*Hydrangea petiolaris*)

Climbs on trees; the exterior ornamental flower has four petals.



**Panicle hydrangea**  
(*Hydrangea paniculata*)

Characteristic cone-shaped flowers; can also be found in the alpine zone.



**Climbing hydrangea**  
(*Hydrangea hydrangeoides*)

Climber; the exterior ornamental flower has one petal which distinguishes it from the tsuru hydrangea.



**Kousa dogwood** (*Cornus kousa* Hance)

The visible white petals are a husk with the real bloom inside  
[Showa Forest / Jun.]



**Giant dogwood** (*Cornus controversa*)

Branches are densely covered in small, white flowers [Around A-2, B-7 / Jun.]



**Iwate murasaki**

Iwate's beautiful rhododendron [Commemorative Forest (roughly north of the gazebo) / May~Jun.]



**Japanese weigela** (*Weigela hortensis*)

Cute, pink flowers [Around A-8 and other locations / May~Jun.]



**Japanese big-leaf magnolia**

(*Magnolia obovate*) The tree with the largest flower in Japan [Right of A-1 and other locations / May~Jun.]



**Wright viburnum** (*Viburnum wrightii*)

Cute, small white flowers [Nanataki Falls mountain trail / May~ Jun.]



**Torch azalea**

(*Rhododendron kaempferi*) A neat rhododendron glowing with new green shoots [Showa Forest / May~Jun.]



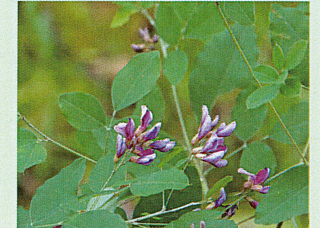
**Japanese linden** (*Tilia japonica*)

The hanging pale yellow flowers have a pleasant aroma [Everyone's Square / Jul.]



**Japanese horse chestnut**

(*Aesculus turbinata* Blume) White, cone-shaped flower; attractive to bees [C-10 ~ 11 / May~Jun.]



**Shubby lespedeza** (*Lespedeza bicolor*)

The magenta flower has been loved since old times [Commemorative Forest / Aug.~Sep.]



**Hotsutsuji** (*Elliottia paniculata*)

A rhododendron with an unusual shape like an ear of grain [Commemorative Forest / Aug.~Sep.]



**Harlequin glorybower**

(*Clerodendrum trichotomum*) The buds are red but the exquisite flowers bloom white [Near A-2/ Aug.]