

# Iwate Prefectural Citizens' Forest

## Welcome to Nanataki Falls

Inquiries: Forestry Museum

☎0195-78-2092

※The taking of any plants is prohibited under the Forestry Act.

The Prefectural Citizens' Forest's Nanataki Falls is a two-tiered waterfall with a 30m drop on the Yakkiri stream which flows from Mt. Iwate. Located midway along the Nanataki Falls mountain trail to Mt. Iwate, the journey from the Forestry Museum is 3.6km with a change in elevation of about 250m.

Many people visit from all over the country to see the new shoots of spring, the fresh green leaves of early summer, the vibrant autumn colors and the spectacle of the waterfall's completely frozen surface in the peak of winter. In each of the four seasons various flowers bloom and the trees change shape; so no matter the season, or how many times you visit, you can always enjoy the plentiful nature at the foot of Mt. Iwate.



Nanataki Falls with new green leaves (taken: 1 Jun. 2021)



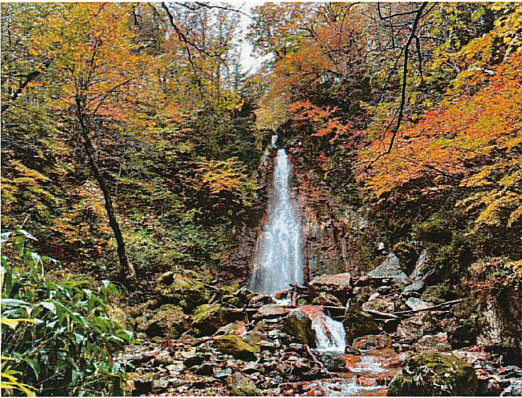
Japanese linden (*Tilia japonica*)  
Common in this area; their official name is Shina trees. Pictured is a tree hollow that looks like a mouth, called the 'face tree' and loved by hikers.



Sakhalin fir (*Abies sachalinensis*)  
Evergreen conifer. Planted in the area just before Nanataki Falls, you can enjoy walking in their unique atmosphere. Once you have come this far, Nanataki Falls is very close.



Japanese oak (*Quercus crispula Blume*)  
Produces large, elegant acorns in autumn which become a food source for forest animals. The wood is used to make whiskey barrels, etc.



Nanataki Falls with autumn leaves (taken: 20 Oct. 2021)



Frozen Nanataki Falls (Taken: 31 Jan. 2021)



Kibushi (*Stachyurus praecox*)  
【Apr.~May】



Full-moon maple (*Acer japonicum*)  
【Apr.~May】



Hime-aoki (*Aucuba japonica*)  
【Apr.~May】



Oo-ba-kuro-moji (*Lindera umbellata*)  
【Apr.~May】



Torch azalea (*Rhododendron kaempferi*)  
【May~Jun.】



Wright viburnum (*Viburnum wrightii*)  
【May~Jun.】



Japanese weigela (*Weigela hortensis*)  
【May~Jun.】



Ezo hydrangea (*Hydrangea macrophylla*)  
【Jun.~Aug.】



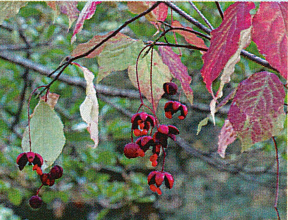
Hotsutsuji (*Elliottia paniculata*)  
【Jul.~Aug.】



Indian pipe (*Monotropa uniflora*)  
【Sep.】



Komayumi tree with fruit (*Euonymus alatus*)  
【Sep.~Oct.】



Spindle tree with fruit (*Euonymus oxyphyllus*)  
【Sep.~Oct.】



Oo-kame-no-ki with fruit (*Viburnum furcatum Blume*)  
【Sep.~Oct.】



Tsuru-shikimi tree with fruit (*Skimmia japonica*)  
【Sep.~Oct.】



Hime-mochi with fruit (*Ilex leucoclada*)  
【Sep.~Oct.】