

Iwate Prefectural Citizens' Forest Autumn Seasonal guide

※The taking of any plants is prohibited under the Forestry Act.

As the sky clears, you can enjoy the beautiful autumn colors with the Hachimantai mountain range as your backdrop. From the early red of the Sargent's cherry (*Cerasus sargentii*) which starts to change in late August through to the golden leaves of the karamatsu (*Larix kaempferi*) in early November, let us show you the brilliant colors one by one.



[Mt. Kurokura with karamatsu and cherry trees in autumn colors]



Kousa dogwood (*Cornus kousa* Hance)

1-3cm spherical, red fruits with pimpled exterior
[Showa Forest, Aug. - Oct.]



Japanese big-leaf magnolia (*Magnolia*

obovata) Releases a vermilion colored seed when it ripens
[Right of A-1, Aug. - Mar.]



Japanese horse chestnut (*Aesculus*

turbinata Blume)
Contains a chestnut-like seed
[C-10 -11, Aug. - Sep.]



[Mori-no-Ohashi Bridge]

Typically the colors start changing around the beginning of October with the peak from about mid- to late October. Looking out at the autumn colors of the valley from the bridge is superb. (5 min on foot from the museum)



[Nanataki Falls]

Flowing from Mt. Iwate and with a drop of 30m, this impressive waterfall is colored with autumn leaves. The journey from the Forestry Museum is approximately 3.6km and has a difference in elevation of about 250m.



Japanese oak (*Quercus crispula* Blume)

Glossy, large acorns
[Around A-2, B-7, Aug.- Oct.]



Manchurian walnut (*Juglans mandshurica*)

Contains a type of walnut
[Nanataki Falls trail, Aug.- Sep.]



Katsura tree (*Cercidiphyllum japonicum*)

Small banana-like fruits that turn brown as they ripen
[Showa Forest, Sep. - Jan.]



Wright viburnum (*Viburnum wrightii* Mig.)

Bright red berries that are very popular with birds
[Nanataki Falls trail, Sep. - Dec.]



Spindle tree (*Euonymus oxyphyllus*)

Hanging pink fruits with red seeds inside
[Showa Forest, Sep. - Oct.]



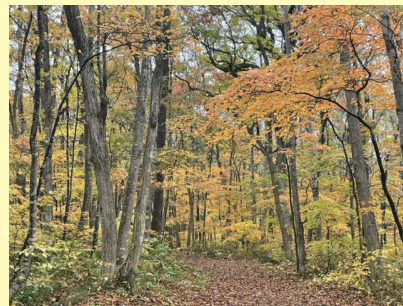
Oriental bittersweet (*Celastrus orbiculatus*)

Vine of yellow fruits with red seeds inside
[Mizubasho Garden, Sep.- Jan.]



[Matsukawa Gorge]

While listening to the refreshing sound of the Matsukawa river, savor the sight of autumn leaves against pillars of Andesite rock. (20 min on foot from the museum)



[Nanataki Falls Trail]

The trail to Nanataki Falls has many trees like maples whose leaves turn gold and on a fine day the forest glows.



Sapphire berry (*Symplocos sawafutagi*)

Lapis lazuli colored gem-like berry
[Kiju Garden, Sep. - Nov.]



Japanese beautyberry (*Callicarpa japonica*)

Beautiful, purple berries about 3mm small
[Kiju Garden, Sep. - Dec.]



Harlequin glorybower

(*Clerodendrum trichotomum*)
Red and indigo shiny fruits
[Near A-2, Sep. - Dec.]